24th ANNUAL
ENVI-RUN
WNY’s most scenic 5K course!

Saturday, April 26, 2014 • 10:30 AM
Whirlpool State Park, Niagara Falls, NY
(new course due to ongoing construction work on Goat Island)
Entry fee $22 (students $15) • Late Entry $27 after 4/23/14
U.S. Funds Only • Make Checks payable to NFS-AWMA
Mail to: ENVIRUN/IEG • 44 Rolling Hills Dr. • Orchard Park, NY 14127
Registration is also available at: www.active.com
△ Awards to overall male and female (no duplicates)
△ First three finishers in each age group (5 year age groups)
△ Ages 14 and under to 85 plus - male and female
△ Special quality shirt to the first 350 registrants!
△ Post race awards party with refreshments and live music by '8 o'clock Friday'.

Participate in the 5K run and help to celebrate Earth Day!
Event Sanctioned by USATF and New Course Certified by USATF #NY13152JG
Race times by WNY Finish Line Services
Proceeds to benefit NFS A&WMA sponsored or supported environmental programs and environmental education.
Past race proceeds used for re-establishing endangered plant species on Goat Island, Buffalo Zoo, Niagara Aquarium, Bond Lake Nature Center, Olmstead Parks Conservancy, WNY Land Conservancy, Botanical Gardens, Reinstein Woods Nature Preserve, Primate Sanctuary, Tifft Nature Preserve, Haudenosaunee Environmental Task Force, Buffalo River Keepers, and other local environmental projects.

Our sincerest thanks:
to our many supporters, donors and volunteers:
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New Race Course is Certified and Event is Sanctioned by USATF

Please fill out form and return to ENVIRUN/IEG • 44 Rolling Hills Dr. • Orchard Park, NY 14127
(also download fill-in form at www.awmanfs.org or register online at www.active.com)

Last Name

First Name

Sex

Age

(Say/BIRTH)

Shirt Size (circle one)

SS

SM

S

M

L

XL

XXL

Address

City/State/Province/Zip

E-mail

Runner Walker Phone number

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Copies of Registration Forms acceptable